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# SEGMENTATION AND TRACKING OF INFERIOR VENA CAVA IN ULTRASOUND IMAGES USING A NOVEL POLAR ACTIVE CONTOUR ALGORITHM

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# ABSTRACT

Medical research suggests that the area of the IVC and its temporal variation imaged by bedside ultrasound is useful in guiding resuscitation of the critically-ill. Unfortunately, gaps in the vessel wall and intraliminal artifact represents a challenge for both manual and existing algorithm-based segmentation techniques. In this paper, a novel polar active contour algorithm based on the third image moment is proposed and used for segmentation and tracking of the IVC in ultrasound images. To validate the proposed research in this paper, we compare the proposed algorithm with manual segmentation and three state-of-the-art relevant algorithms. It is shown that the algorithm outperforms other techniques and in some scenarios appear to have advantages over manual segmentation creating the potential to improve medical management of the critically-ill patients.

*Index Terms*— Inferior vena cava (IVC), ultrasound imaging, image segmentation, active contours, image moments.

# 1. INTRODUCTION

Accurate volume resuscitation of the critically-ill using fluids and blood products is a challenging endeavor as insufficient, excessive or delayed administration increases patient morbidity and mortality [1, 2]. Research has shown that respiratory variation in the inferior vena cana (IVC) resulting in changes in the anterior-posterior (AP) diameter is useful to predict fluid responsiveness [3, 4]. Current practice involves manual measurement of the IVC diameter and its temporal variation from ultrasound imagery however, this can be a challenging task as the image quality suffers from artifact and severe speckle noise making the vessel indistinct with unclear boundaries [5, 6]. Semi-automatic segmentation algorithms have the potential to address this issue.

Speckle noise present in ultrasound imagery is traditionally considered as Rayleigh distributed multiplicative noise [7], and hence, Rayleigh mixture models have been proposed as a potential solution for ultrasound image segmentation [8, 9]. But it has been shown that the scattering population and signal processing introduce speckle noise with non-Rayleigh distribution [10]. Furthermore, lossy compression algorithms present on many portable ultrasound machines further deviate the recorded clip from the idealized Rayleigh distribution. In [11], it was shown that optical flow algorithms can be efficiently used for speckle tracking but this approach ignores information in vessel shape.

Active contours (AC), as planar deformable models, are widely used for segmentation of ultrasound images [12–14]. ACs perform image segmentation via minimization of an energy functional with their performance frequently dependent on a manually-defined initialization contour. In order to avoid local minima, the initiating contour needs to be as close to the actual contour as possible. ACs can be combined with other segmentation algorithms as a coarse-to-fine strategy to reduce the impact of the initial contour on segmentation error [15, 16]. Researchers [17] have approached segmenting the IVC in which the coarse segmentation obtained from template matching was smoothed with an AC (TMAC). Unfortunately, this approach fails when the IVC undergoes large frame-to-frame variations commonly present on portable machines with lower frame rates. Despite these improvements, ACs continue to perform poorly in setting of fuzzy or unclear boundaries as is commonly the case for the IVC.

Since the IVC contour is convex, polar ACs appear as a promising solution for IVC segmentation [18, 19]. In this paper, we propose a novel polar AC algorithm incorporating a novel energy functional for segmentation and tracking of the IVC in the setting of poor image quality. The proposed energy functional appears promising for other ultrasound image segmentation problems as well.

The remainder of this paper is organized as follows - Section II introduces the background and related work. The proposed polar AC algorithm is presented in Section III. The experimental results are presented in Section IV and the paper is concluded in Section V.

#### 2. BACKGROUND AND RELATED WORK

## 2.1. IVC Image Structure

Fig. 1 displays a typical ultrasound image of the IVC demonstrating that the boundary is fuzzy as the cross-section of IVC does not seen as a circle. Moreover, the intravascular region



Fig. 1. A typical ultrasound image of IVC.



**Fig. 2**. PDF of the intensity levels inside the disks concentric with a the IVC with radius equal to (a): 80%, (b): 100%, and (c): 120% of the IVC.

is largely hypo-echoic and extravascular hyper-echoic resulting in regional distributions with different means. Fig. 2 illustrates the probability density functions (PDFs) of the intensity levels inside the disks concentric with the IVC with diameters as (a):  $D = 0.8D_{IVC}$ , (b):  $D = D_{IVC}$ , (c):  $D = 1.2D_{IVC}$ , where  $D_{IVC}$  is the actual diameter of the IVC. From Fig. 2-(A) and (B), one can see that the intensity distribution inside the IVC contour is sparse. Assuming that the intensity levels inside and outside the IVC have PDFs  $F_{in}(.)$  with mean  $m_{in}$  and  $F_{out}(.)$  with  $m_{out}$ , respectively. It is clear that  $m_{in} < m_{out}$  suggesting that regardless of the PDFs  $F_{in}(.)$  and  $F_{out}(.)$ , their distinct means can be used for image segmentation.

## 2.2. Energy and Evolution Functionals

In traditional level set methods for a given energy functional C(.), the evolution functional is obtained as [20, 21]:

$$E\frac{\partial C}{\partial t} = -F(|\nabla C|),\tag{1}$$

where the function F(.) depends on the image and is usually defined as a linear function. In this paper, we use the follow-

ing linear function [20, 21]

$$E = -|\nabla C|\vec{n},\tag{2}$$

where  $\vec{n}$  is the vector normal to the contour.

Two conventional functionals, widely employed in variational ACs, are based on the mean and the variance [22, 23]. *Functional Based on Means:* Assuming u and v represent the mean intensity levels inside and outside the IVC, respectively, the energy functional is defined as [23]

$$C_{mean} = \frac{\alpha}{2} (u - v)^2, \tag{3}$$

where  $\alpha$  is a positive weighting factor. Using (1), the evolution functional corresponding to (3) is obtained as [23]

$$E_{mean} = \alpha (u - v) \left(\frac{I - u}{A_u} + \frac{I - v}{A_v}\right) \vec{n}, \qquad (4)$$

where I is the intensity at the contour point and  $A_u$  and  $A_v$  are the areas inside and outside the contour, respectively.

Functional Based on Variances: Assuming  $\sigma_u^2$  and  $\sigma_v^2$  as the variances of intensity levels inside and outside the IVC respectively, the energy functional is defined as [23]

$$C_{var} = \sigma_u^2 + \sigma_u^2, \tag{5}$$

This functional is commonly used for thresholding. Using (1), the evolution functional corresponding to (5) is obtained as

$$E_{var} = \alpha \left(\frac{I^2 - u^2 - \sigma_u^2}{A_u} - \frac{I^2 - v^2 - \sigma_v^2}{A_v}\right) \vec{n}, \quad (6)$$

where u and  $\sigma_u^2$  are the mean and variance of the intensities inside the contour while v and  $\sigma_v^2$  represent outside the contour.

# 3. PROPOSED ALGORITHM

#### 3.1. Proposed Energy Functional

The proposed functional includes the energy in the third centralized moment of the object and the curvature energy as follows

$$E = E_{M3} + E_{curv},\tag{7}$$

where  $E_{M3}$  and  $E_{curv}$  are defined as

$$E_{M3} = -\alpha M_3, \tag{8}$$

where  $M_n$  is the *n*th centralized moment of the object and is obtained as

$$M_n = \frac{\int_C (I-u)^n dA}{\int_C dA},\tag{9}$$

$$E_{curv} = \beta \sum_{n=0}^{N-1} |p_{n+1} - 2p_n + p_{n-1}|^2, \qquad (10)$$



Fig. 3.  $E_{M3}$  inside a circular contour C versus the normalized radius with  $\alpha = 1$ .

where  $\alpha$  and  $\beta$  are positive weights given to each energy term, u is the mean intensity inside the object and  $p_n$  is the point vector defined as

$$[x_c + \rho_n \cos(n\phi_0), y_c + \rho_n \sin(n\phi_0)], \qquad (11)$$

with  $x_c$  and  $y_c$  being the coordinates of a point (center) inside the IVC,  $\phi_0 = \frac{2\pi}{N}$ ,  $|\nabla I|$ , and  $\rho_n$  as the corresponding radial coordinate. In the rest of this section, we discuss each of these two energy terms in detail and derive their corresponding evolution functionals in the polar coordinates system.

 $E_{M3}$  energy: Fig. 3 shows the  $E_{M3}$  for the image shown in Fig. 1 with the x-axis being the normalized circle radius,  $R_{IVC}$ , and y-axis the  $E_{M3}$  inside the contour with  $\alpha$  normalized to one. This figure shows that the  $E_{M3}$  finds its minimum at the IVC boundaries and hence is a suitable choice for the segmentation of IVC in ultrasound imagery. The gradient of  $E_{M3}$  versus  $\boldsymbol{\rho} = [\rho_0, \rho_1, ..., \rho_{N-1}]^T$  is obtained as

$$\frac{\partial E_{M3}}{\partial \rho} = \boldsymbol{A_c}\boldsymbol{\rho},\tag{12}$$

where  $A_c$  is a tri-diagonal matrix defined as follows,

$$a_c(i,j) = \begin{cases} \kappa_n, & \text{if } mod(|i-j|,N) = 1, \\ 0, & \text{otherwise}, \end{cases}$$
(13)

with  $\kappa_n$  defined as

$$\kappa_n = \alpha_0 [(I(p_n) - u)^3 - M_3 - 3(I(p_n) - u)M2], \quad (14)$$

where  $\alpha_0 = -0.5\alpha \sin(\phi_0)$  and  $I(p_n)$  is the pixel intensity at contour point  $p_n$ . The curvature energy: By substitution of (11) in (10), the curvature energy function is rewritten as

$$E_{curv} = \sum_{n=0}^{N-1} \alpha_n [4\rho_n^2 + \rho_{n-1}^2 + \rho_{n+1}^2 - 4\rho_n(\rho_{n-1} + \rho_{n+1})]$$
(17)

$$\times \cos(\phi_0) + 2\rho_{n_{-1}}\rho_{n_{+1}}\cos(2\phi_0)], \tag{16}$$

and its gradient with respect to  $\rho$  is obtained as

$$\frac{\partial E_{curv}}{\partial \rho} = B_c \rho, \qquad (17)$$

where  $\mathbf{B}_c$  is a penta-diagonal matrix defined as follows,

$$b_{c}(i,j) = \begin{cases} 2\beta \cos(2\phi_{0}), & \text{if } mod(i-j,N) = 2, \\ -8\beta \cos(\phi_{0}), & \text{if } mod(i-j,N) = 1, \\ 12\beta, & \text{if } i = j, \\ -8\beta \cos(\phi_{0}), & \text{if } mod(j-i,N) = 1, \\ 2\beta \cos(2\phi_{0}), & \text{if } mod(j-i,N) = 2, \\ 0, & \text{otherwise.} \end{cases}$$
(18)

Using (12) and (17), the energy functional in (7) can be iteratively minimized as

$$\boldsymbol{\rho}_{(i)} = \boldsymbol{\rho}_{(i-1)} - \mu (\mathbf{A}_c + \mathbf{B}_c) \boldsymbol{\rho}_{(i-1)}, \quad (19)$$

where  $\mu$  is step-size parameter.

## 3.2. Proposed Algorithm

The proposed polar algorithm is summarized as

# Table 1. Proposed Polar AC Algorithm

**Input:** The center of IVC in the initial frame and parameters  $\alpha$  and  $\beta$  and  $\mu$  and initial vector  $\rho_{(0)}$ . In this research, we set them as  $\alpha = 25$ ,  $\beta = 0.025$ ,  $\mu = 0.01$ , and  $\rho_{(0)} = 12 \times \mathbf{1}_{N \times 1}$ , where  $\mathbf{1}_{N \times 1}$  is  $N \times 1$  all-ones vector.

Step 1 - Read the first frame from the video.

Step 2 - Manually select the center of the first frame.

Step 3 - Update  $\rho$  using (19).

Step 4 - Repeat Step 3 until the algorithm reaches to the equilibrium condition. The equilibrium condition is defined as the condition where the maximum absolute value of change in  $\rho$  at the previous step is less than  $10^{-3}$  pixels. Step 5 - Return to step 3 for the next frame.

# 4. RESULTS

The experimental data was collected from two healthy subjects after ethics approval was granted. The IVC was imaged in the transverse plane using a portable ultrasound (M-Turbe, Sonosite-FujiFilm) with a phased-array probe (1-5 Mhz). Each video has a frame rate of 30 fps, scan depth of 19cm, and a duration of 15 seconds (450 frames/clip). The proposed algorithm was also compared with expert manual segmentation, two classic AC algorithms - Chan-Vese [24] and Geodesic [25], and two state-of-the-art polar ACs- PSnake [26] and variational polar AC [19]. Fig. 4 depicts the tracking performance of the investigated algorithms and compares them with



**Fig. 4**. Tracking of the IVC for manual segmentation, proposed algorithm and four other algorithms.



**Fig. 5**. IVC area (Fig 1.) as measured by the proposed algorithm, manual segmentation, and four other algorithms.

manual segmentation. As one can see from Fig. 4, except the proposed algorithm, other four algorithms are not able to track the IVC contour.

Fig. 5 presents the IVC area estimated using the proposed algorithm, manual segmentation and four other algorithms for the video depicted in Fig. 1. This confirms that only the proposed accurately tracks and segments the IVC and follows the variations in manual segmentation and other four algorithms quickly lose tracking.

Fig. 6 details the results for a lower quality IVC video. Here, it is evident that the proposed algorithm again tracks the temporal variations of the manual segmentation while other



**Fig. 6.** IVC area as estimated by the proposed algorithm, manual segmentation, and four other algorithms.

four algorithm are unable to track the IVC.

## 5. CONCLUSION

In this paper, a novel polar active contour algorithm is developed for segmentation and tracking of the IVC in ultrasound imagery. A novel energy functional based on the third centralized moment of the object (in this research the area inside IVC) was proposed and used for updating polar active contour algorithm. Experimental results suggest that the proposed algorithm outperform existing segmentation algorithms and suggests improvement over manual segmentation. As the future work, the algorithm is applied for a larger dataset to explore its clinical applicability.

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